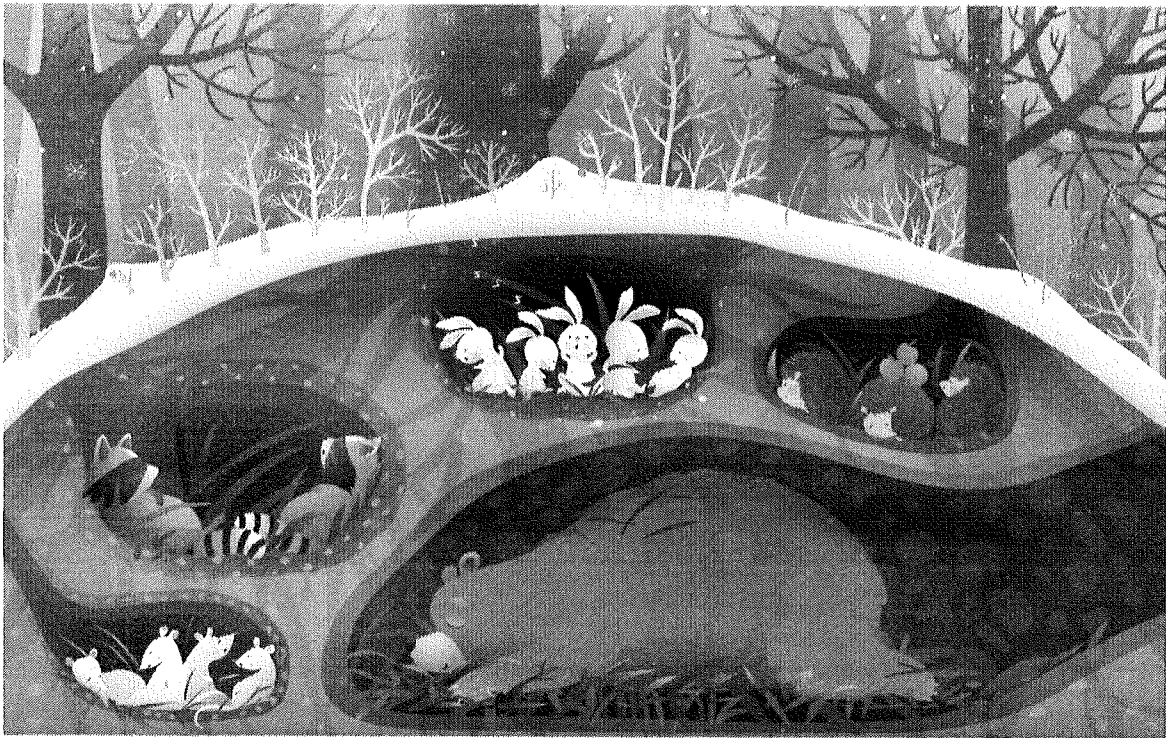
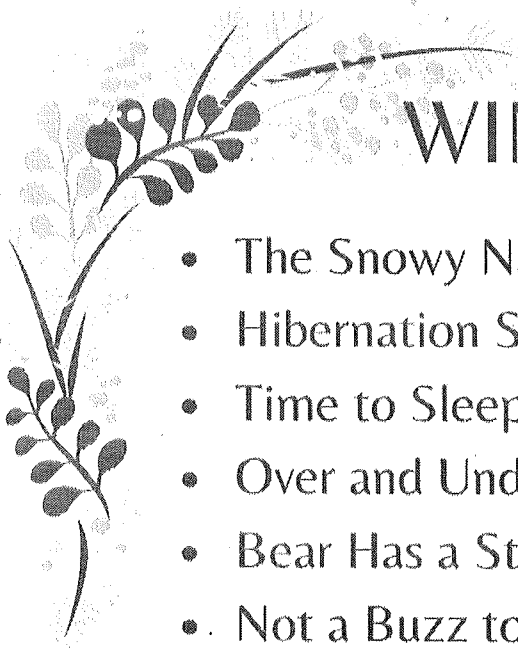


# December TK/Kindergarten Packet





## WINTER BOOKS

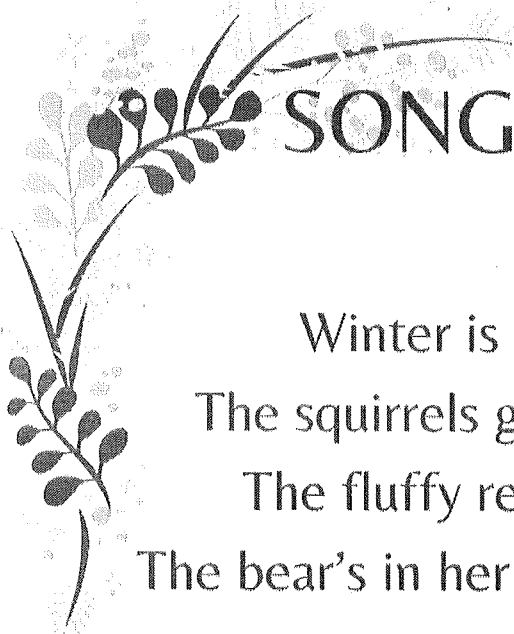
- The Snowy Nap by Jan Brett
- Hibernation Station by Michelle Meadows
- Time to Sleep by Denise Fleming
- Over and Under the Snow by Kate Meisner
- Bear Has a Story to Tell by Philip C. Stead
- Not a Buzz to be Found: Insects in Winter by Linda Glaser
- Animals in Winter by Henrietta Bancroft
- The Snow Bear by Sean Taylor
- Video: Why Do Bears Hibernate? Mystery Science



## BLIZZARD BOTTLE

Supplies Needed: Water Bottle, Blue Glitter glue, foam or plastic snowflakes small enough or flexible enough to fit in a water bottle.

1. Drink or dump out some of the water from the bottle.
2. Squeeze a blob of blue glitter glue into the water bottle. Shake to mix with the water.
3. Add foam or plastic snowflakes.
4. Use hot glue or epoxy to seal the lid on the water bottle.
5. Be mesmerized by the movement of the snowflakes in the glitter.



# SONGS / FINGERPLAYS

## Winter Animals

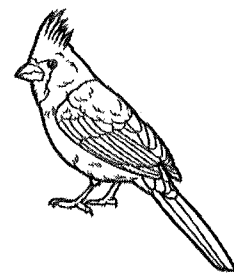
Winter is cold, there is snow in the sky,  
The squirrels gather nuts, and the wild geese fly.  
The fluffy red fox has his fur to keep warm,  
The bear's in her cave sleeping all through the storm.

## Are You Sleeping tune of Frere Jacques

Are you sleeping, are you sleeping,  
Mother Bear, Mother Bear?  
It's getting cold outside, it's time for you to hide,  
In your cave, in your cave.  
(continue with Father, Sister, Brother, Baby)

## I Have What I Need

I don't leave when winter comes,  
I have what I need.  
I stay and search for food right here,  
eating lots of seeds.  
With my feathers fluffed I can stay warm,  
In the cold, in the rain, even in a snow storm.  
I don't leave when winter comes,  
I have what I need!





# ACTIVITIES

- Listen to Waltz of the Snowflakes and pretend you are a snowflake.



<https://youtu.be/Ru5H3LHiU1M?feature=shared>

- Create Your Own Den: Cover a small table with blankets and have your child crawl underneath so they have an idea of what a den might feel like for a hibernating animal. Ask is it warm in there? Is it light or dark? Could you sleep in there?
- Take a Winter drive to Calaveras Big Trees or Pinecrest.
- Try the Perceptual Motor Skills activity “The Skier”. Have your child keep their arms and legs straight, step one foot forward and the opposite arm forward, then jump/switch to the other foot and the other arm. Try doing this activity 10x’s.
- Make Snow Playdough by adding silver glitter, 10 drops of peppermint essential oils to the dough, and don’t add color to the dough.

A decorative illustration in the top left corner featuring a branch with leaves and small circular flowers.

# MOVEMENT

## Brain Builder

(From Start Smart! By Pam Schiller)

Place two long strips of masking tape on the floor, five feet apart. Ask the children how they would move a Ping-Pong ball from one line to the other without touching it.

(Some possibilities include blowing the ball through a straw, fanning it with a magazine or book, blowing on it with your mouth, or blowing it through a paper towel tube.)

Take some time experimenting with the different ways and talk about what worked and what didn't and make any modifications needed to try again.

## Physical Challenge-Winter Animals

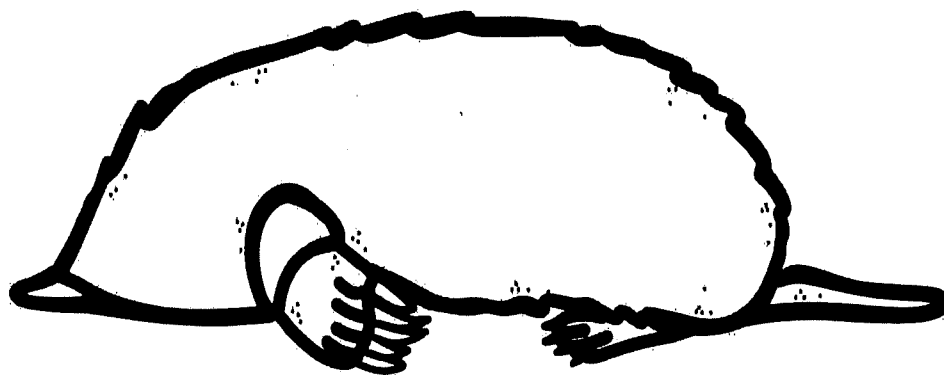
Arctic Seal: Pretend to be arctic seals and lay on their stomach and use their upper body to move around—excellent upper body workout.

Penguin Waddle: Pretend to waddle like penguins with arms and legs straight and flexed to the sides.

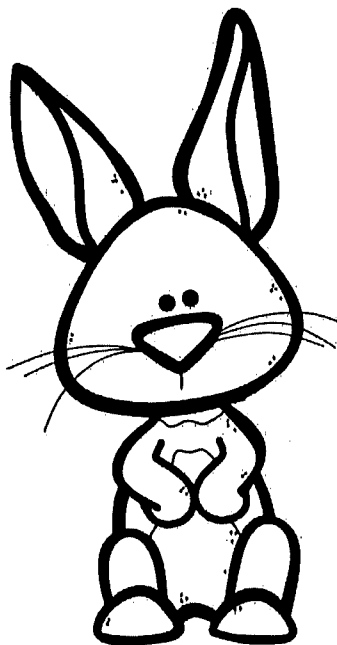
Bear Walk: Pretend to walk like bears on all fours with your bottom up in the air.



Name: \_\_\_\_\_



I see a mole



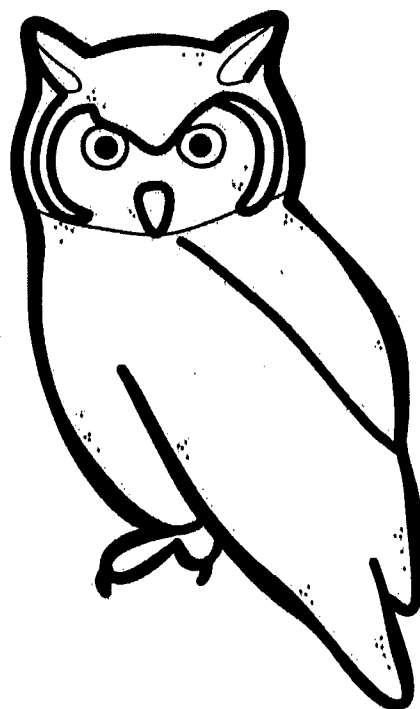
I see a rabbit



I see a fox



I see a hedgehog.



I see an owl.





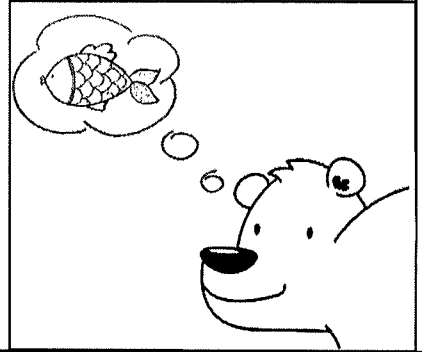
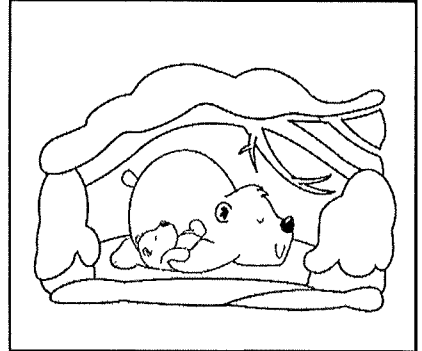
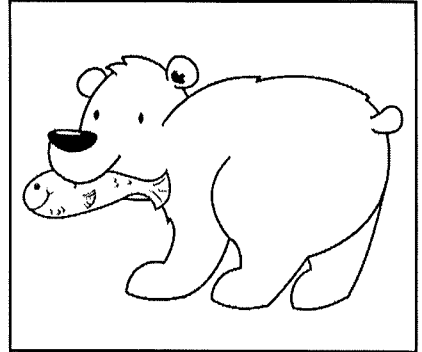
I see a bear.

## Bears in Winter

In the fall, bears eat a lot. They get fat. This fat is called blubber. It helps keep the bear warm in the winter.

The bear sleeps in a den. Some days, it gets up to look for food.

When it wakes up in the spring, it is thin and very hungry!



www.BrendaTejeda.com

Please answer the questions below. Highlight the clues in the text.



**What keeps bears warm?**

\_\_\_\_\_



**Where do bears sleep?**

\_\_\_\_\_



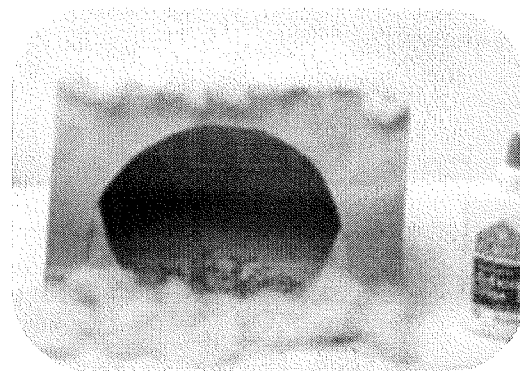
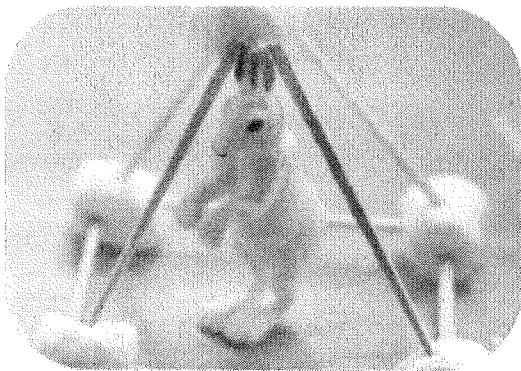
**When bears wake up in the spring, they want to \_\_\_\_\_.**



# WINTER ENGINEERING

## SNOWY DENS

Using mini marshmallows and toothpicks have your child design and build a den for a hibernating animal to live in for the winter. Is there anything they want to change to improve the design?



## PAPER BAG BEAR CAVE

Steps:

1. First, cut about 5 inches off of the top of the paper grocery bag.
2. Cut a semi-circle in the middle of the bag to make the door to the cave.
3. Fold over 2 inches and staple.
4. Glue cotton ball snow to the top and bottom of the den. Next you need to fold the corners in, inside the bag/cave.
5. Add leaves to the bottom of the cave.
6. Add your Bear to their new den... it's time to

# Create a Polar Bear Den

## Suggested Building Materials:

Provide any of these materials or use other materials of your choice.

- polar bear and cubs template
- construction paper
- liquid glue
- stick glue
- paintbrush
- tape
- scissors
- crayons or markers
- pencil
- pom pom ball (optional)
- clothespin (optional)

### Possible items for snow:

- torn white printer paper
- torn white tissue paper
- torn white napkins
- white paint
- cotton balls



## Directions:

Students may work individually, in pairs or small groups to complete the challenge.

1. Give each student or group a polar bear and cubs template. Present students with the problem: **Can you design a den for the polar bear and her cubs?**
2. Show students a diagram of a polar bear's den and discuss its parts. Here's one found online: (look under the section "Do polar bears hibernate?")  
<https://www.atozkidsstuff.com/polarbears.html>
3. Go over the list of materials students will use.
4. Have students think about, discuss and plan how to best use the materials to create a den for the polar bears. Depending on the level of your students, you might give them three criteria to meet in building their dens:
  - It must have an entrance. (Show a way for the polar bears to get in and out.)
  - It must have an air hole. (Show a way for the polar bears to get air from outside the den.)
  - The polar bears must be enclosed on all sides by snow. (Show snow all around the polar bears. Don't create the den at the bottom of the page.)

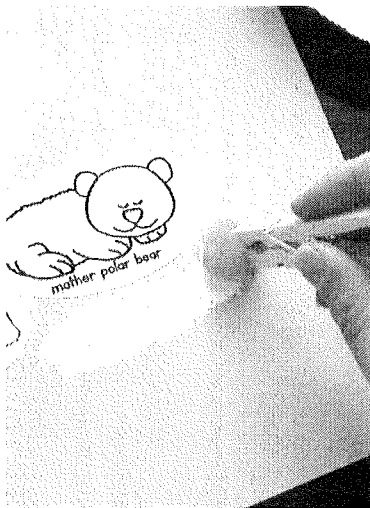
You might prompt students to consider if they should glue the polar bears on the paper first and then build the den around them, or build the den first and then add the polar bears. Would it help to draw the den in pencil first?

# Create a Polar Bear Den

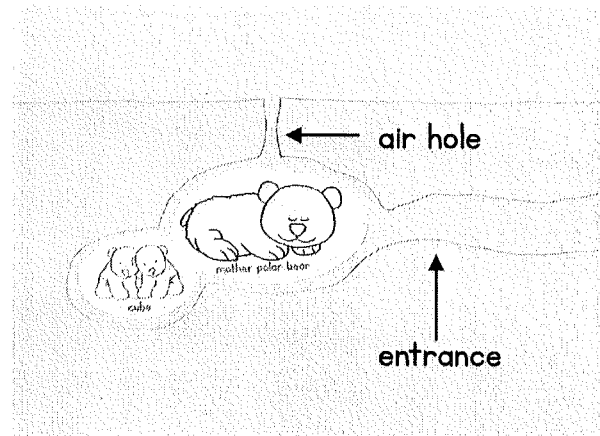
## Directions:

5. Give students time to create their dens.
6. Ask students to evaluate their design and the creating process. Talk about what things worked well and what didn't work.
7. Guide students to reflect on their learning. What did they learn about polar bears or polar bear dens from this challenge?

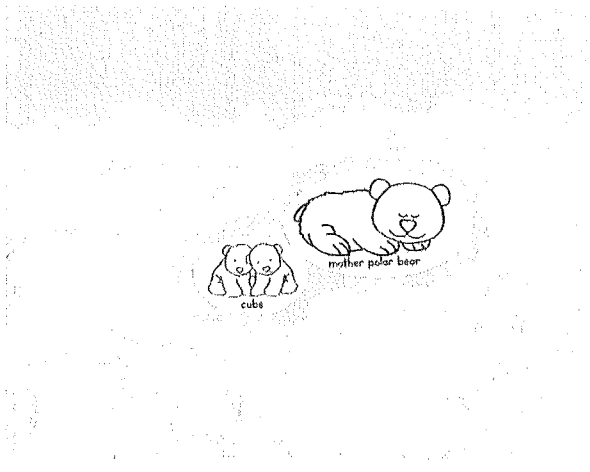
**Note:** Young students might just glue the bears on construction paper and paint around them. Older or more advanced students might be able to follow the three set criteria and create a more elaborate den. Adjust this activity to fit the needs of your students.



Young students might just paint around the bears. One option is to use a pom pom ball held with a clothespin as a paintbrush. Dip it in paint and press on it on the paper to make the snow.



You might suggest that students first use a pencil to draw their den on the paper.

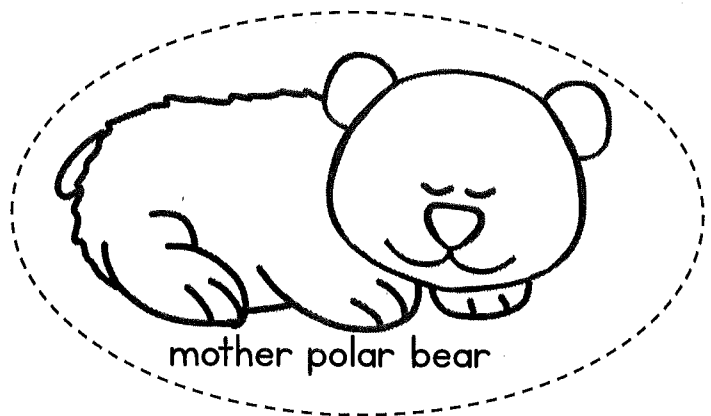
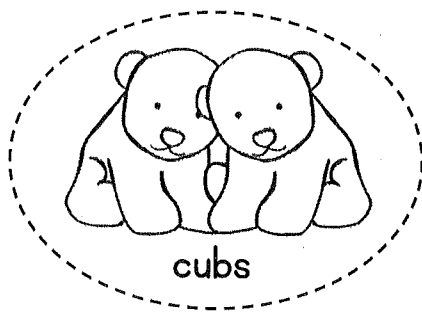
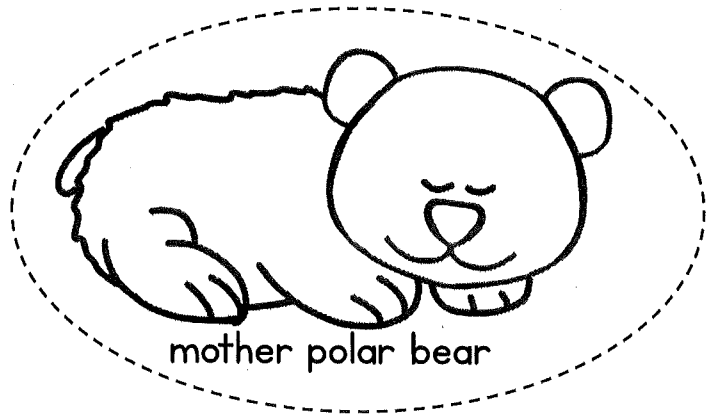
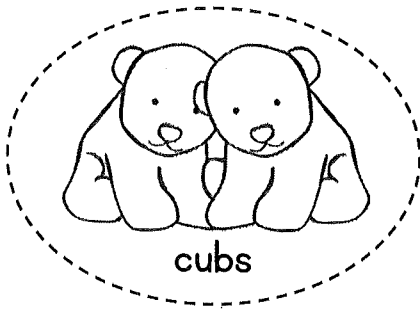
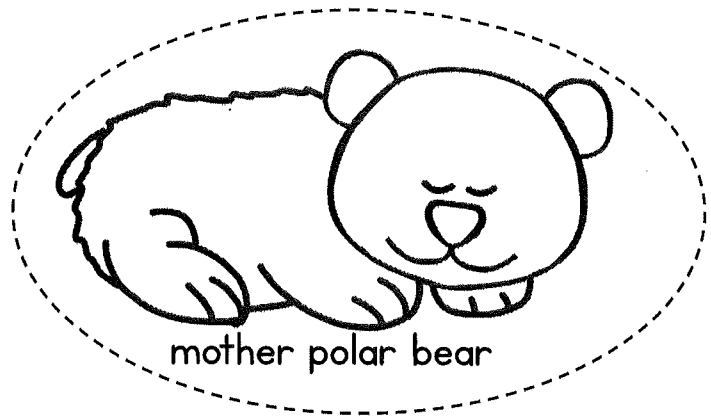
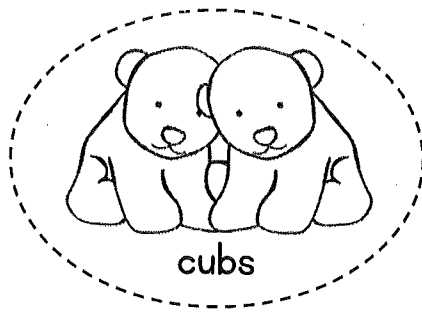
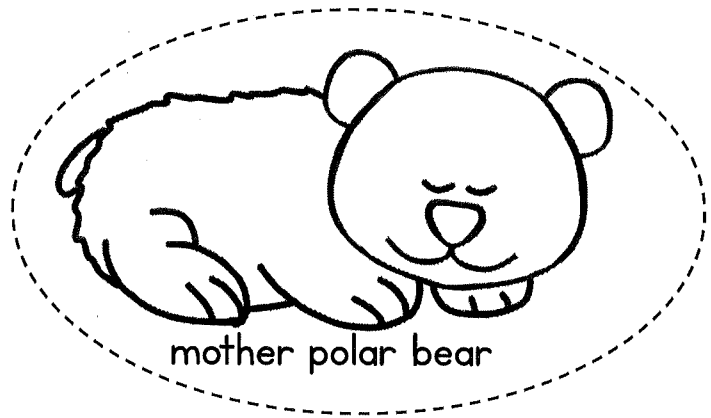
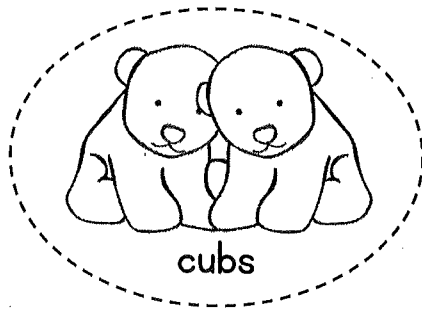


white paint dotted with a pom pom and clothespin



Torn tissue paper dotted with white paint

# Polar Bears for STEAM Challenge



Name: \_\_\_\_\_

# Polar Bear STEAM Challenge

Problem: Design a den for a polar bear and her cubs.



**Plan**

What is your plan? What materials will you use?



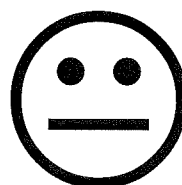
**Create**

What does your den look like?



**Evaluate**

How did it go?





## **Time to Sleep**

I'm a little \_\_\_\_\_ in a sleepy state.

When winter comes, I hibernate.

I go in a \_\_\_\_\_ without a peep,

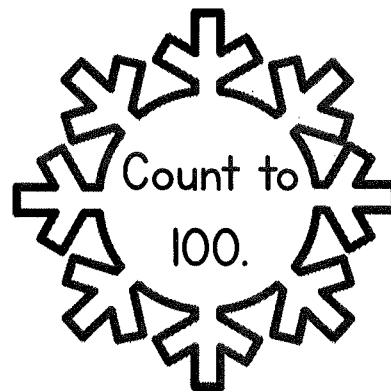
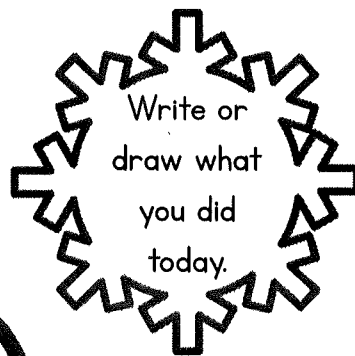
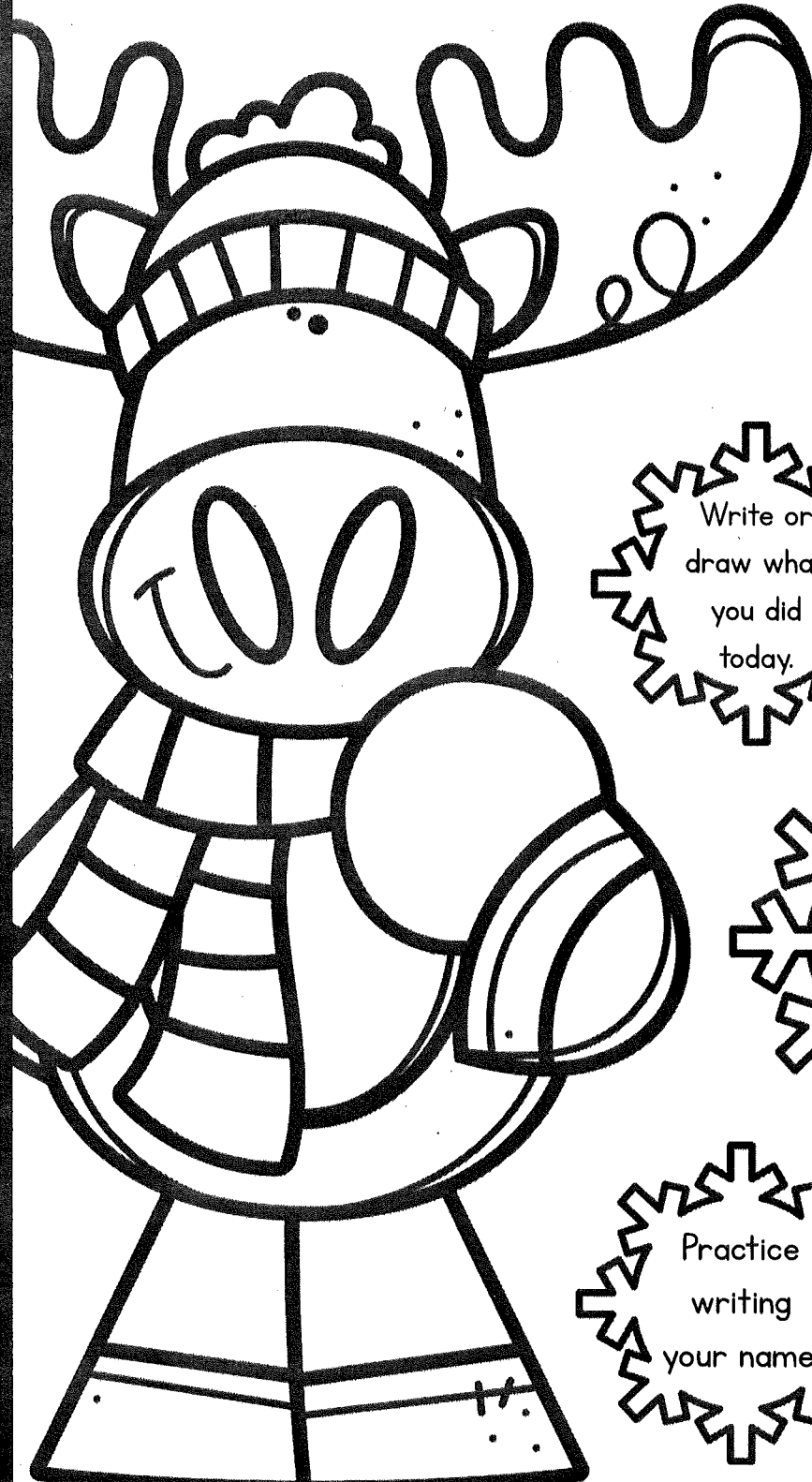
because it's time for me to sleep.



# SNOW DAY

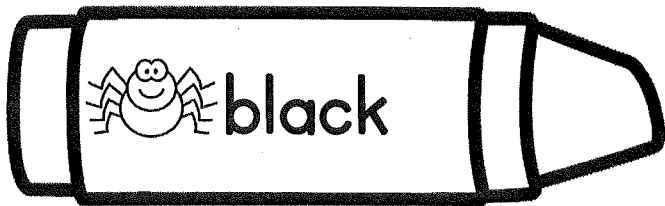
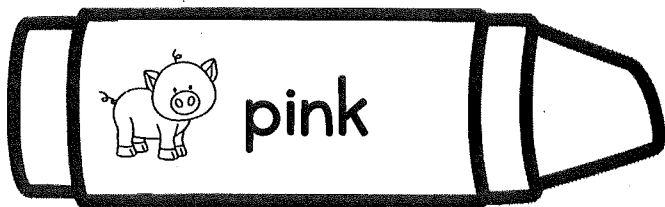
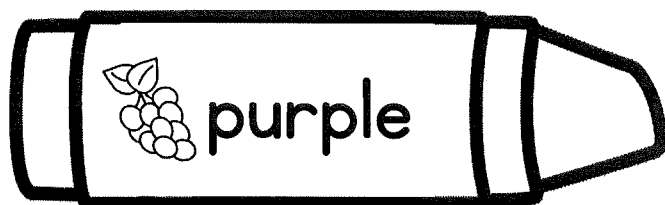
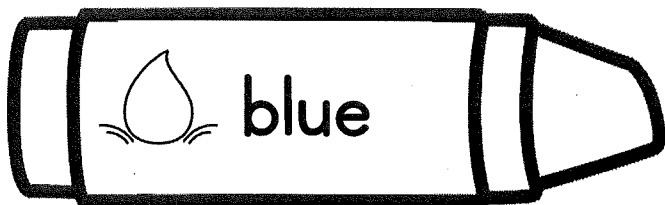
## Challenge

Color a snowflake for every task you complete.



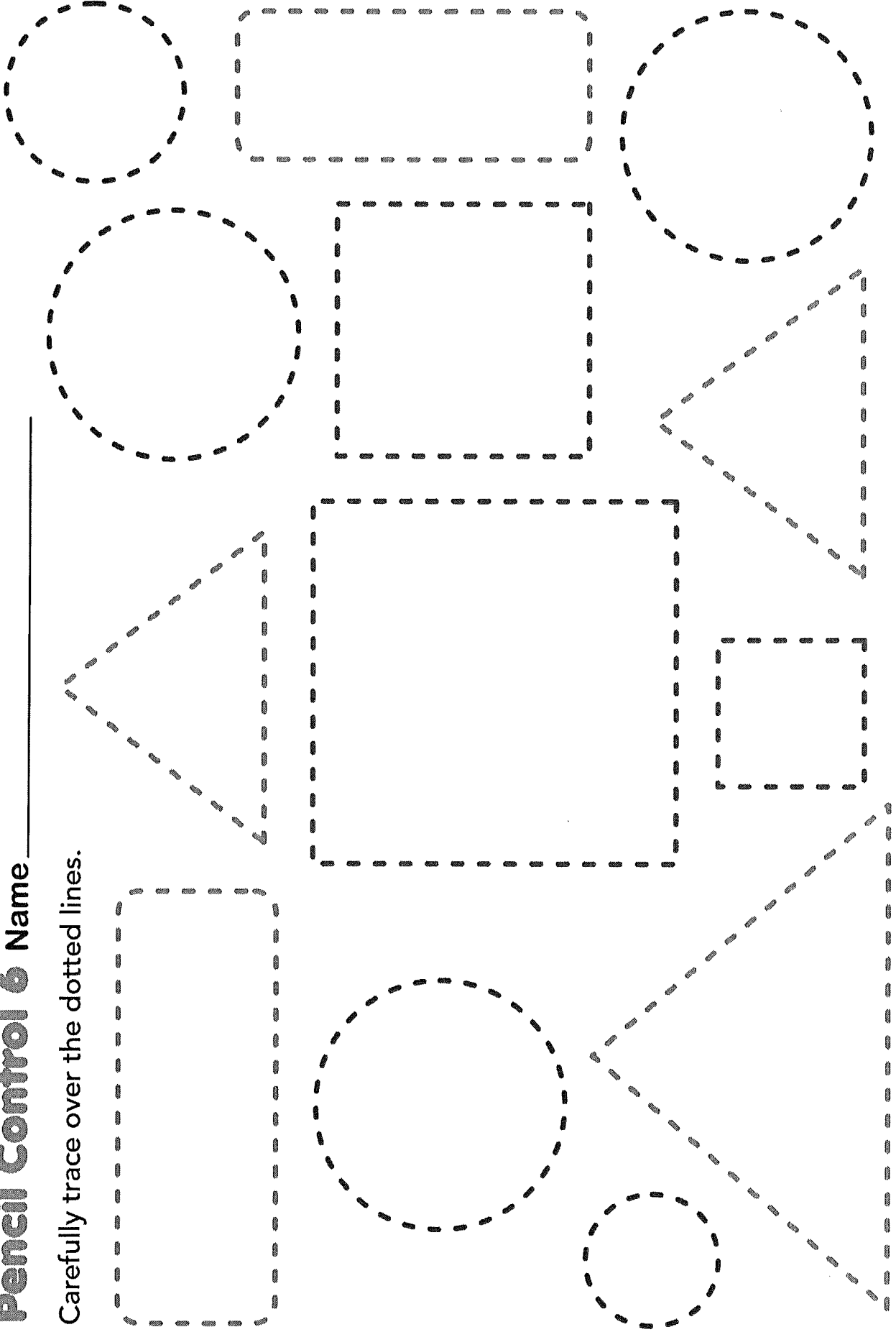
# Color Hunt

Search for objects that are each color. When you find them, color the matching crayon.



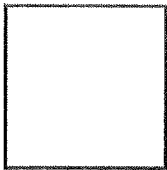
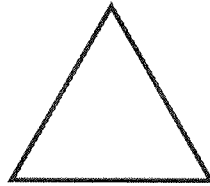
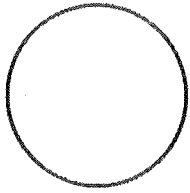
**Pencil Control 6** Name \_\_\_\_\_

Carefully trace over the dotted lines.



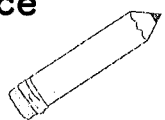
# Shape Hunt

Search for the shapes around your home. When you find a shape, draw it below.



Name \_\_\_\_\_

Trace



can

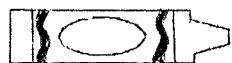
can

Spell



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Color

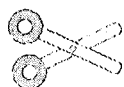


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can

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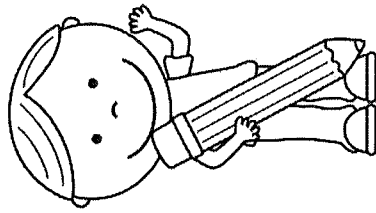
Build



--	--	--

a n c

can



Birds can build nests

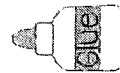


Birds

can

build

nests.

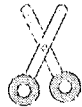


build

nests.

Birds

can



Name \_\_\_\_\_

# MEASURE *and* RECORD

Count how many cubes long each object is.  
Record the length on the line.

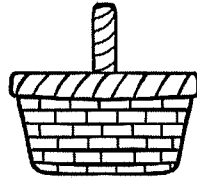


\_\_\_\_\_ cubes



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\_\_\_\_\_ cubes



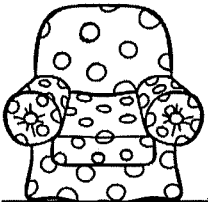
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\_\_\_\_\_ cubes



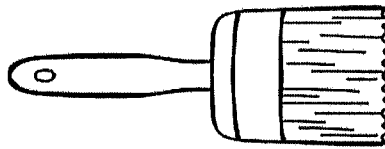
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\_\_\_\_\_ cubes



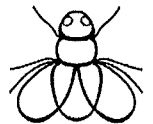
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\_\_\_\_\_ cubes



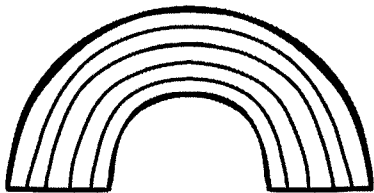
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\_\_\_\_\_ cubes



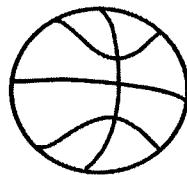
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\_\_\_\_\_ cubes



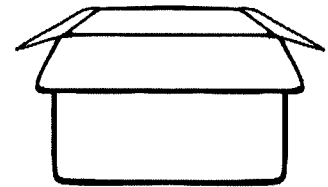
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\_\_\_\_\_ cubes



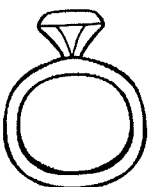
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\_\_\_\_\_ cubes



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\_\_\_\_\_ cubes



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\_\_\_\_\_ cubes



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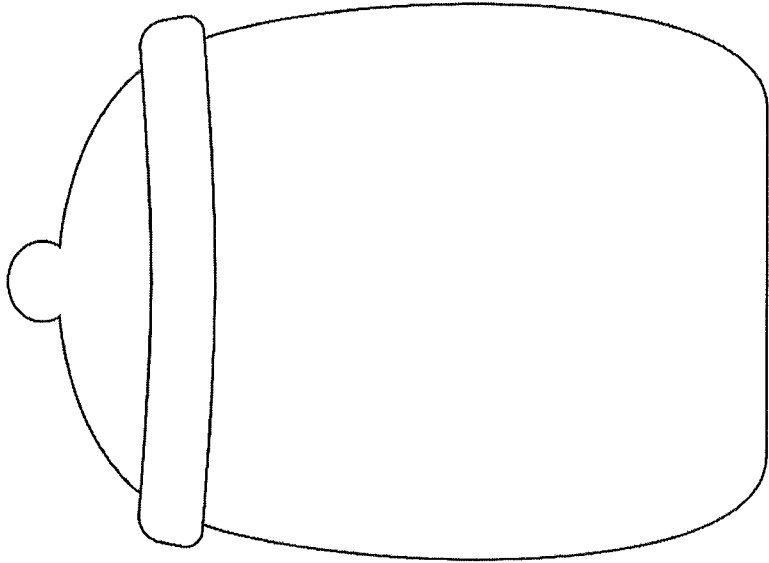
\_\_\_\_\_ cubes



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# ESTIMATION JAR

Date \_\_\_\_\_



Today, the estimation jar is filled with

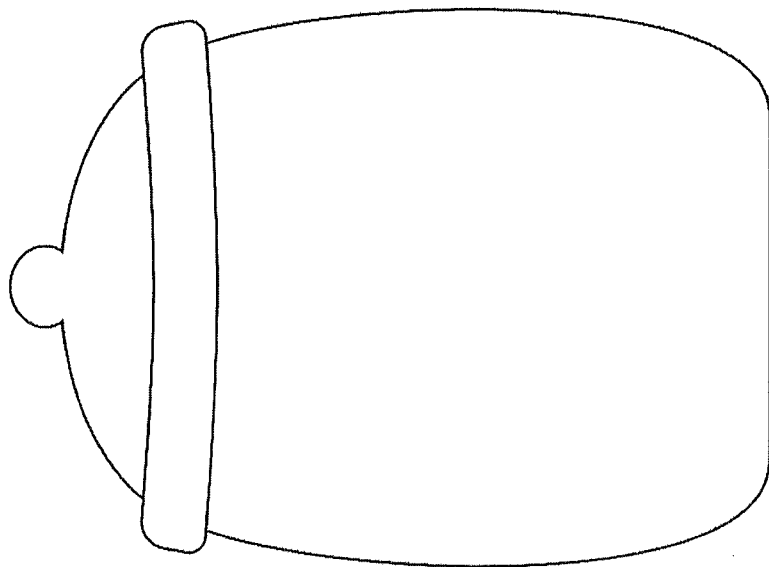
\_\_\_\_\_.

**My estimation:** \_\_\_\_\_  
NUMBER OBJECT

**Actual amount:** \_\_\_\_\_  
NUMBER OBJECT

# ESTIMATION JAR

Date \_\_\_\_\_



Today, the estimation jar is filled with

\_\_\_\_\_.

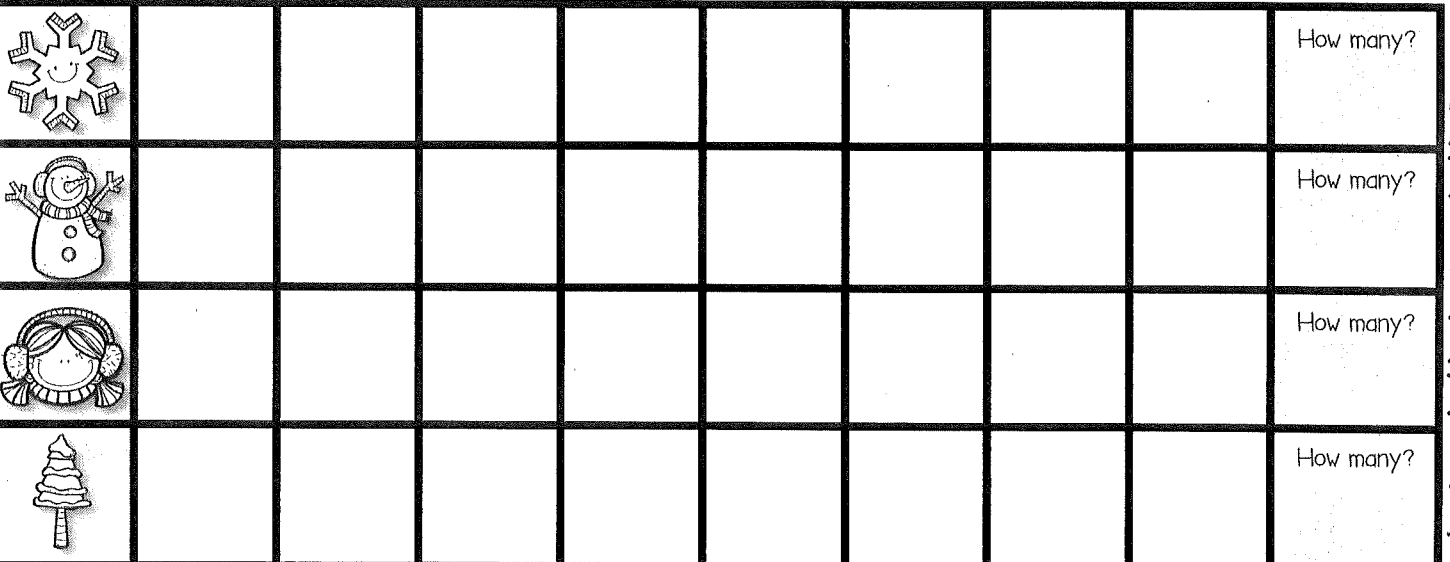
**My estimation:** \_\_\_\_\_  
NUMBER OBJECT

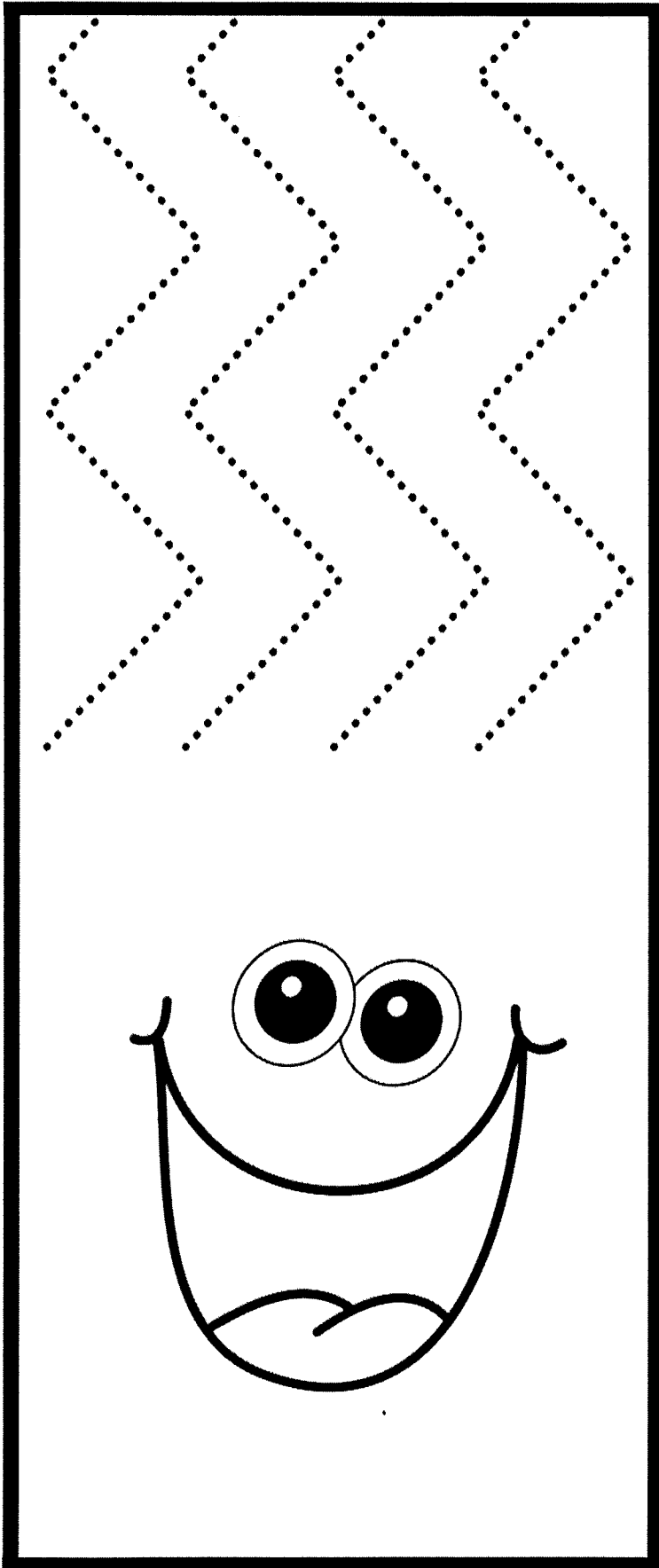
**Actual amount:** \_\_\_\_\_  
NUMBER OBJECT



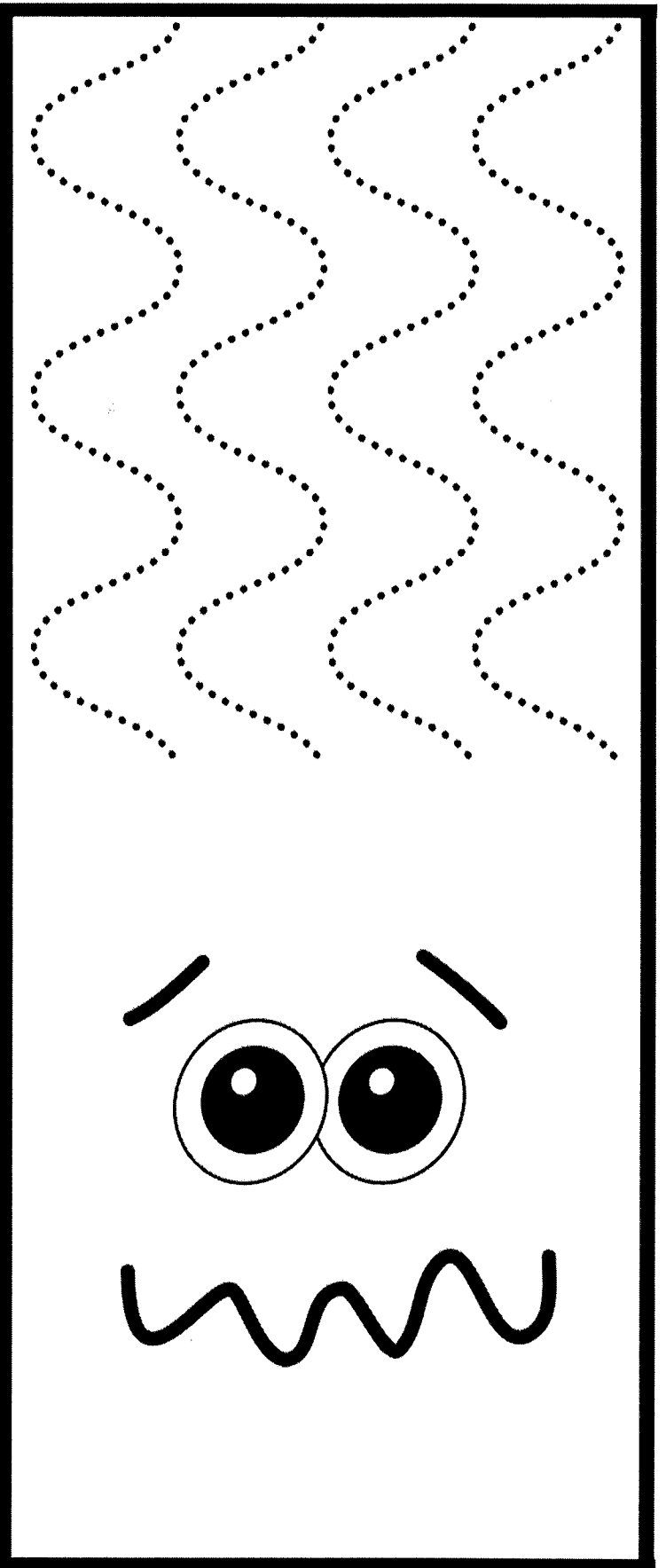
Color and count the objects to make a graph.

Color and count the objects to make a graph.



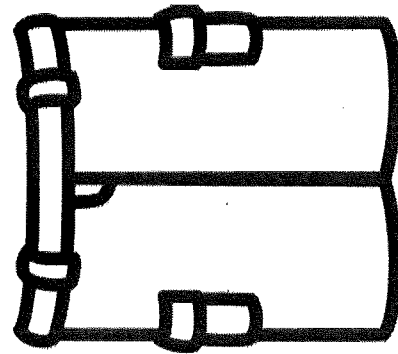
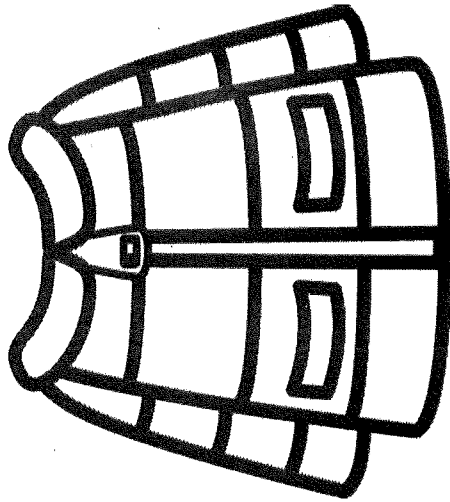
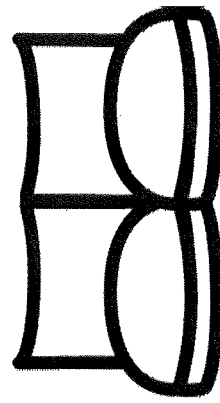
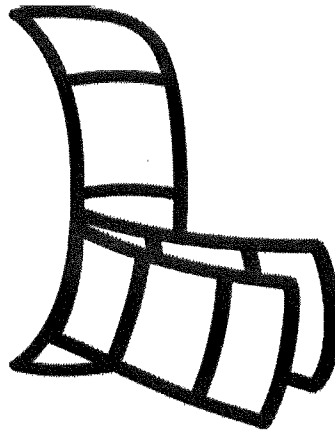
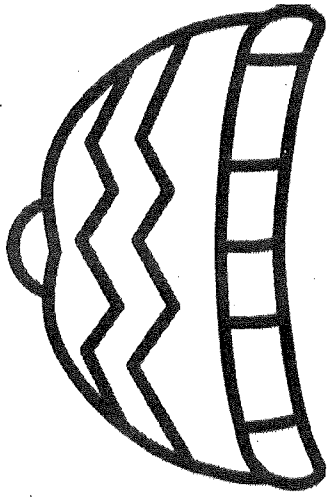
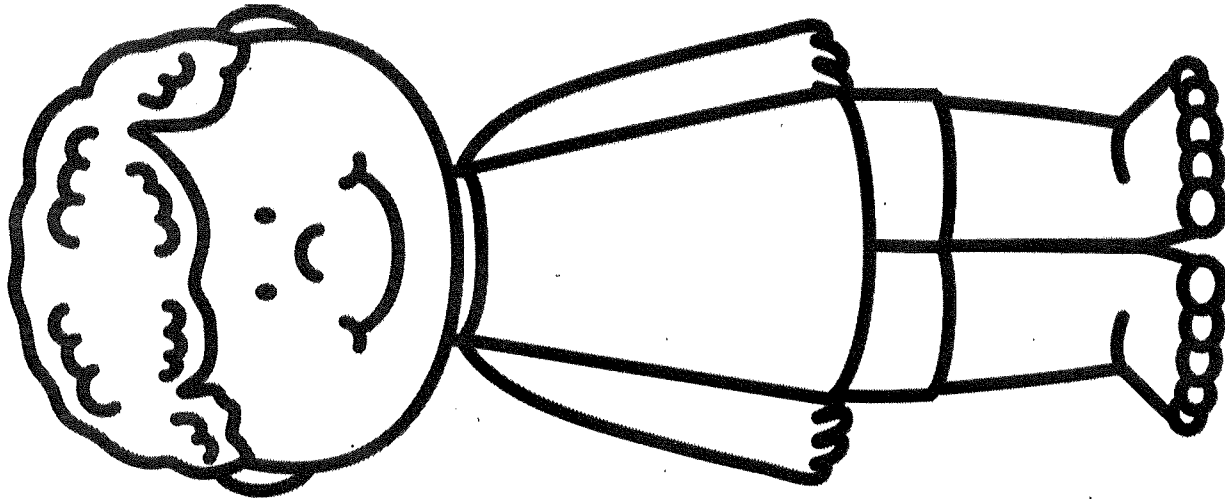


HAIR SALON

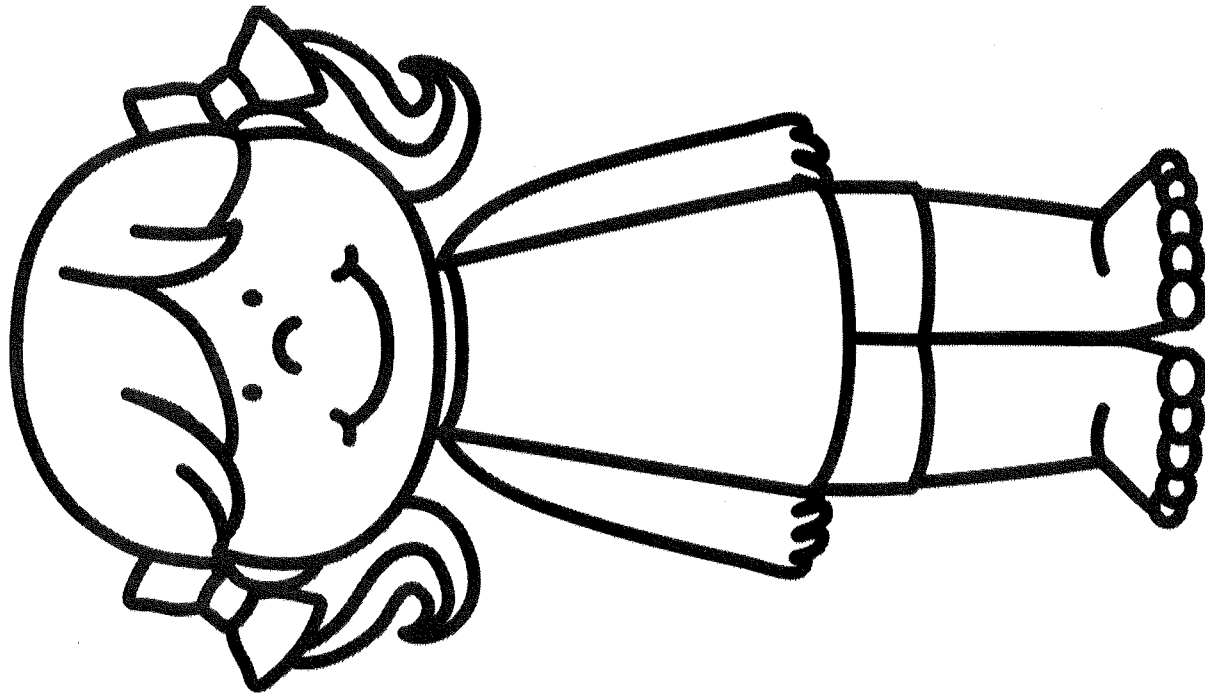


# DRESS FOR WINTER

Color, cut and paste the winter clothes onto the child.

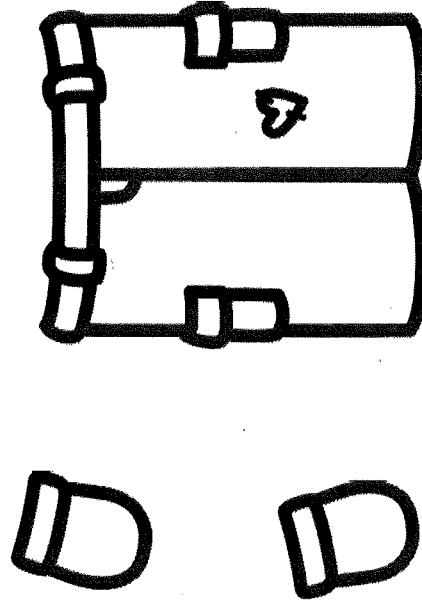
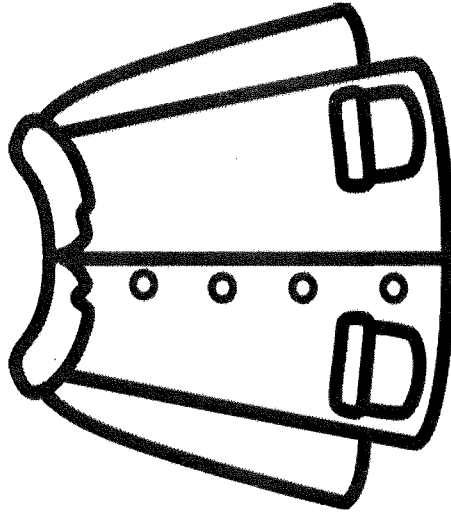
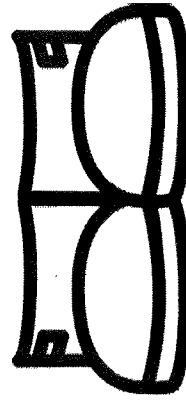
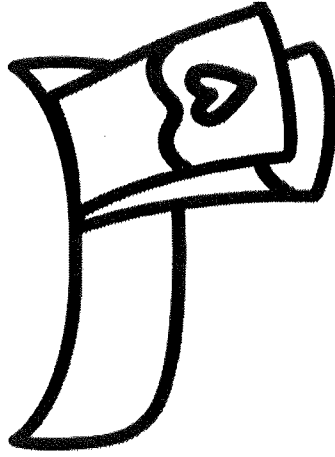


Graphics by Whimsy Clips  
Find more activities  
about winter clothes.



# DRESS FOR WINTER

Color, cut and paste the winter clothes onto the child.



Graphics by [Whimsy Clips](#)  
Find more activities  
about winter clothes.

# SELF-CONTROL

By Haley O'Connor

We show our friends self-control,  
In all the things we do.  
We use calm bodies, minds and hands.  
We work on patience too!

When we act with self-control,  
We stop, think, then act.  
We take a breath, and think it through,  
To get on the right track!



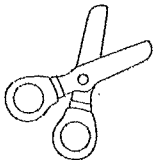
Name \_\_\_\_\_

# SELF-CONTROL SORT

Read each scenario and cut them out. Then sort them.

**Shows  
Self-Control**

**DOESN'T Show  
Self-Control**



You are very excited, so you scream loudly.

Your feelings are hurt, so you write a letter.

You get angry, so you throw your book box against the wall.

You wait patiently to eat dessert until your mom says it's okay.

You are feeling angry, so you count to 30.

You yell, "I need to use the restroom" while your teacher is talking.

You are excited, so you tell your friend about it.

You are upset, so you throw a tantrum in the hallway.

# YES! I HAD AN AWESOME YEAR

A THING I LEARNED...

A MEMORY I MADE...

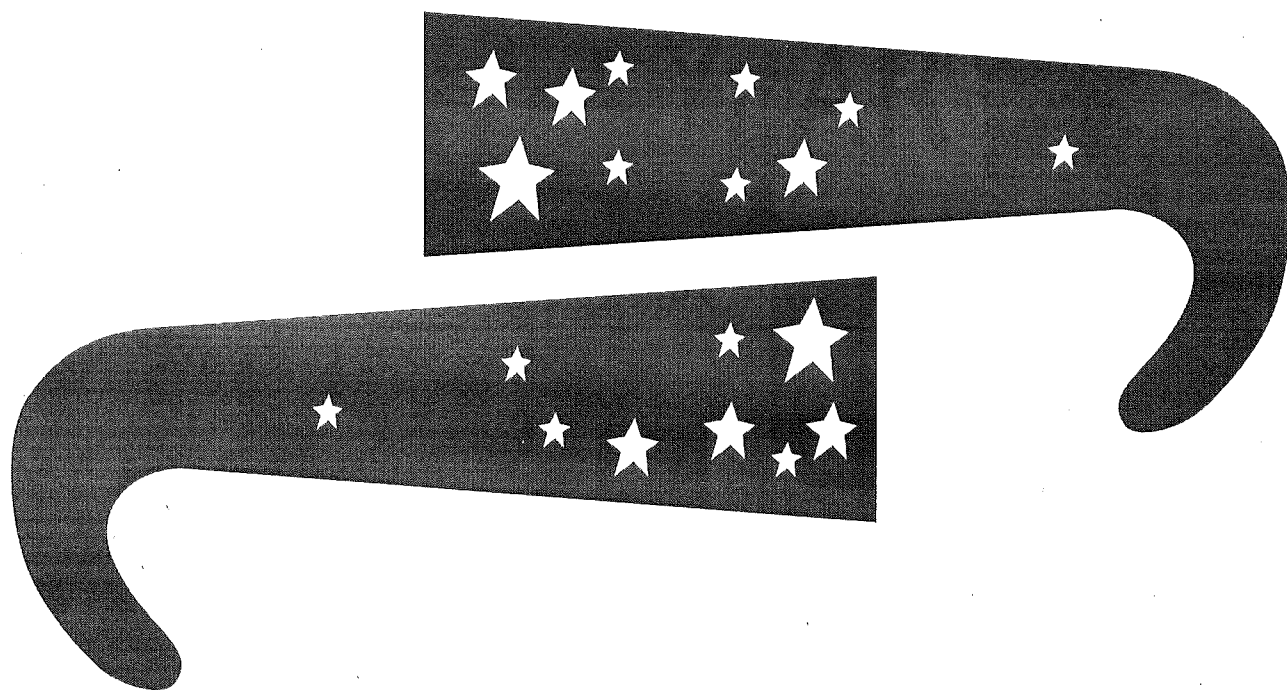
A PLACE I VISITED...

A SKILL I MASTERED...

AN OBSTACLE I OVERCAME...

A FRIEND I MADE...

YES!





Name: \_\_\_\_\_ Date: \_\_\_\_\_

Alphabet Assessment

Uppercase Letter Recognition

A	E	I	M	Q	U	Y
B	F	J	N	R	V	Z
C	G	K	O	S	W	
D	H	L	P	T	X	

Lowercase Letter Recognition

a	e	i	m	q	u	y
b	f	j	n	r	v	z
c	g	k	o	s	w	
d	h	l	p	t	x	

Math Assessment

Numerical Recognition

3	5	0	1	4	2
---	---	---	---	---	---

7	9	8	6	10
---	---	---	---	----

Counting

0-5	6-10
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Colors

red	orange	yellow	green	blue	purple
black	white	brown	pink	gray	

Shapes

